

表B1-1 年度別年齢別平均身長の推移（滋賀県・男子）

（単位：cm）

| 区分   | S30年度 | S40   | S47   | S52   | S57   | S62   | H4    | H9    | H14   | H19   |       |
|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 幼稚園  | 5歳    | 106.1 | 108.5 | 109.5 | 109.9 | 110.6 | 110.4 | 110.9 | 110.9 | 110.8 | 110.6 |
| 小学校  | 6     | 110.8 | 113.9 | 115.4 | 115.8 | 116.2 | 116.8 | 116.8 | 116.8 | 116.6 | 116.7 |
|      | 7     | 116.0 | 119.3 | 120.8 | 121.5 | 121.5 | 122.2 | 122.6 | 122.5 | 122.4 | 122.7 |
|      | 8     | 120.9 | 124.8 | 126.4 | 126.5 | 126.8 | 127.8 | 128.5 | 128.1 | 128.1 | 128.1 |
|      | 9     | 126.0 | 129.6 | 131.3 | 132.4 | 132.8 | 132.9 | 133.6 | 133.4 | 133.7 | 133.8 |
|      | 10    | 130.4 | 134.3 | 136.2 | 136.9 | 137.4 | 137.8 | 138.7 | 138.9 | 138.7 | 138.6 |
|      | 11    | 134.6 | 139.3 | 141.6 | 142.8 | 142.7 | 144.0 | 143.9 | 145.0 | 144.8 | 144.7 |
| 中学校  | 12    | 139.8 | 145.3 | 148.2 | 149.5 | 150.0 | 150.6 | 152.0 | 152.4 | 152.4 | 151.1 |
|      | 13    | 145.9 | 152.7 | 155.7 | 156.7 | 157.3 | 158.3 | 159.2 | 159.5 | 159.7 | 159.5 |
|      | 14    | 152.6 | 158.8 | 161.6 | 163.1 | 163.7 | 164.6 | 165.4 | 165.4 | 165.7 | 165.1 |
| 高等学校 | 15    | 159.5 | 164.5 | 165.7 | 166.6 | 167.7 | 168.3 | 168.9 | 169.0 | 168.6 | 168.7 |
|      | 16    | 162.0 | 166.7 | 168.1 | 169.1 | 169.7 | 170.3 | 170.4 | 170.6 | 170.1 | 170.4 |
|      | 17    | 164.7 | 167.8 | 169.1 | 169.9 | 171.3 | 171.0 | 171.6 | 171.4 | 171.3 | 171.3 |
| 区分   | H20年度 | H21   | H22   | H23   | H24   | H25   | H26   | H27   | H28   | H29   |       |
| 幼稚園  | 5歳    | 110.9 | 110.5 | 111.0 | 110.4 | 110.7 | 110.3 | 110.3 | 110.4 | 110.0 | 110.3 |
| 小学校  | 6     | 117.3 | 117.0 | 116.8 | 116.7 | 116.5 | 117.0 | 116.6 | 116.8 | 116.7 | 116.4 |
|      | 7     | 122.9 | 122.9 | 122.5 | 123.3 | 122.6 | 122.1 | 122.2 | 122.7 | 122.0 | 122.9 |
|      | 8     | 128.2 | 128.6 | 128.3 | 128.4 | 129.0 | 128.1 | 128.0 | 128.3 | 128.1 | 128.3 |
|      | 9     | 133.6 | 133.9 | 134.0 | 133.2 | 133.6 | 133.6 | 133.4 | 133.7 | 133.4 | 134.1 |
|      | 10    | 138.9 | 139.4 | 139.1 | 139.1 | 138.4 | 138.8 | 138.9 | 138.6 | 139.0 | 139.0 |
|      | 11    | 144.7 | 145.5 | 145.1 | 144.8 | 145.1 | 144.7 | 145.5 | 145.1 | 144.8 | 145.5 |
| 中学校  | 12    | 152.0 | 152.6 | 152.0 | 152.1 | 153.2 | 152.1 | 152.9 | 152.5 | 153.1 | 152.5 |
|      | 13    | 159.8 | 159.5 | 159.9 | 158.7 | 159.9 | 159.7 | 160.2 | 160.0 | 159.5 | 159.5 |
|      | 14    | 165.4 | 164.8 | 165.7 | 165.1 | 165.4 | 165.7 | 165.5 | 165.3 | 165.5 | 165.5 |
| 高等学校 | 15    | 168.5 | 168.4 | 169.1 | 168.5 | 168.8 | 168.8 | 168.7 | 168.9 | 168.7 | 168.5 |
|      | 16    | 170.1 | 170.2 | 170.3 | 169.9 | 170.4 | 169.8 | 171.0 | 170.4 | 170.2 | 170.7 |
|      | 17    | 171.5 | 171.0 | 171.4 | 171.2 | 171.3 | 171.0 | 171.1 | 170.8 | 171.8 | 171.1 |

表B1-2 年度別年齢別平均身長の推移（滋賀県・女子）

（単位：cm）

| 区分   | S30年度 | S40   | S47   | S52   | S57   | S62   | H4    | H9    | H14   | H19   |       |
|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 幼稚園  | 5歳    | 105.0 | 107.1 | 108.2 | 109.1 | 109.4 | 109.9 | 110.0 | 110.1 | 109.9 | 110.0 |
| 小学校  | 6     | 109.7 | 112.7 | 114.7 | 114.8 | 115.6 | 115.9 | 115.9 | 115.9 | 115.8 | 115.4 |
|      | 7     | 115.0 | 118.2 | 120.3 | 120.7 | 121.1 | 121.4 | 121.9 | 121.3 | 122.0 | 121.5 |
|      | 8     | 120.1 | 123.3 | 125.6 | 126.1 | 126.4 | 127.1 | 127.1 | 127.4 | 127.3 | 127.8 |
|      | 9     | 125.4 | 128.8 | 131.4 | 132.1 | 132.1 | 132.5 | 133.0 | 133.3 | 133.8 | 133.8 |
|      | 10    | 130.2 | 134.7 | 136.6 | 137.7 | 138.6 | 139.0 | 139.5 | 140.4 | 139.6 | 140.7 |
|      | 11    | 135.4 | 141.0 | 143.8 | 144.9 | 145.0 | 145.2 | 146.3 | 146.3 | 147.3 | 147.3 |
| 中学校  | 12    | 141.3 | 146.7 | 149.3 | 150.4 | 150.8 | 151.5 | 151.9 | 152.3 | 152.3 | 152.1 |
|      | 13    | 146.3 | 150.7 | 153.2 | 154.7 | 154.3 | 155.0 | 155.0 | 155.3 | 155.6 | 155.7 |
|      | 14    | 149.7 | 153.2 | 155.2 | 156.1 | 156.4 | 157.0 | 157.0 | 157.3 | 157.2 | 157.0 |
| 高等学校 | 15    | 152.4 | 154.8 | 156.1 | 156.9 | 157.1 | 157.7 | 157.9 | 158.1 | 157.6 | 157.6 |
|      | 16    | 153.2 | 155.6 | 156.3 | 156.7 | 157.7 | 158.0 | 158.1 | 158.4 | 157.9 | 158.5 |
|      | 17    | 154.1 | 155.7 | 156.6 | 157.1 | 157.9 | 157.9 | 158.9 | 158.6 | 158.8 | 158.4 |
| 区分   | H20年度 | H21   | H22   | H23   | H24   | H25   | H26   | H27   | H28   | H29   |       |
| 幼稚園  | 5歳    | 109.8 | 110.1 | 109.6 | 109.2 | 109.7 | 109.8 | 109.1 | 109.5 | 109.4 | 109.5 |
| 小学校  | 6     | 116.1 | 115.6 | 115.8 | 115.9 | 115.7 | 115.7 | 115.7 | 115.7 | 115.5 | 115.6 |
|      | 7     | 121.6 | 121.9 | 121.4 | 121.5 | 121.4 | 121.5 | 122.2 | 121.4 | 121.4 | 121.7 |
|      | 8     | 127.6 | 127.7 | 127.8 | 127.3 | 127.0 | 127.5 | 127.2 | 127.3 | 127.5 | 127.2 |
|      | 9     | 133.4 | 133.5 | 133.1 | 133.9 | 133.9 | 133.4 | 133.1 | 133.4 | 133.2 | 133.2 |
|      | 10    | 140.3 | 140.1 | 140.5 | 140.6 | 140.2 | 140.4 | 140.1 | 139.9 | 140.0 | 139.6 |
|      | 11    | 147.2 | 147.3 | 146.7 | 147.5 | 146.5 | 146.9 | 147.3 | 146.6 | 146.9 | 146.7 |
| 中学校  | 12    | 152.2 | 152.1 | 152.0 | 152.0 | 152.2 | 151.7 | 152.2 | 151.6 | 152.0 | 151.6 |
|      | 13    | 155.7 | 155.3 | 155.2 | 155.3 | 155.5 | 155.5 | 155.1 | 155.4 | 155.4 | 155.2 |
|      | 14    | 156.8 | 157.1 | 157.2 | 157.0 | 157.0 | 157.0 | 157.0 | 156.8 | 157.1 | 156.9 |
| 高等学校 | 15    | 157.6 | 158.5 | 157.2 | 157.7 | 157.9 | 157.5 | 157.4 | 157.9 | 157.6 | 157.4 |
|      | 16    | 158.2 | 158.1 | 158.0 | 158.1 | 158.0 | 157.7 | 158.0 | 157.6 | 158.1 | 157.7 |
|      | 17    | 159.0 | 158.5 | 158.3 | 158.4 | 158.7 | 158.1 | 158.1 | 158.4 | 158.3 | 158.1 |

表B2-1 年度別年齢別平均体重の推移（滋賀県・男子）

(単位:kg)

| 区分   | S30年度 | S40  | S47  | S52  | S57  | S62  | H4   | H9   | H14  | H19  |      |
|------|-------|------|------|------|------|------|------|------|------|------|------|
| 幼稚園  | 5歳    | 17.3 | 18.0 | 18.4 | 18.4 | 18.9 | 19.0 | 19.1 | 19.4 | 18.9 | 18.8 |
| 小学校  | 6     | 18.8 | 19.7 | 20.3 | 20.8 | 21.1 | 21.4 | 21.5 | 21.6 | 21.4 | 21.5 |
|      | 7     | 20.9 | 21.7 | 22.8 | 23.3 | 23.2 | 23.4 | 24.0 | 24.1 | 24.1 | 23.9 |
|      | 8     | 22.9 | 24.2 | 25.6 | 25.7 | 26.0 | 26.5 | 27.2 | 26.8 | 27.2 | 26.8 |
|      | 9     | 25.1 | 26.9 | 28.3 | 28.7 | 29.2 | 29.4 | 30.2 | 30.6 | 30.7 | 30.7 |
|      | 10    | 27.5 | 29.4 | 31.3 | 31.4 | 32.1 | 32.5 | 33.5 | 33.9 | 33.9 | 33.3 |
|      | 11    | 29.8 | 32.5 | 34.9 | 36.3 | 35.9 | 37.1 | 37.0 | 38.4 | 38.6 | 37.7 |
| 中学校  | 12    | 33.3 | 37.0 | 39.7 | 40.5 | 41.0 | 41.8 | 43.0 | 43.8 | 43.6 | 42.1 |
|      | 13    | 37.6 | 42.4 | 45.4 | 46.4 | 46.4 | 47.6 | 48.3 | 48.9 | 49.2 | 48.9 |
|      | 14    | 43.0 | 48.1 | 51.6 | 51.6 | 52.3 | 53.5 | 54.5 | 54.3 | 55.0 | 53.9 |
| 高等学校 | 15    | 48.8 | 53.5 | 55.3 | 55.5 | 57.2 | 58.3 | 59.6 | 59.5 | 59.6 | 58.9 |
|      | 16    | 52.1 | 56.5 | 57.9 | 59.1 | 59.5 | 61.0 | 61.1 | 61.5 | 61.9 | 62.1 |
|      | 17    | 54.6 | 58.4 | 59.2 | 60.1 | 61.9 | 62.0 | 62.5 | 62.2 | 63.4 | 63.2 |
| 区分   | H20年度 | H21  | H22  | H23  | H24  | H25  | H26  | H27  | H28  | H29  |      |
| 幼稚園  | 5歳    | 19.0 | 18.7 | 18.9 | 18.7 | 18.7 | 18.6 | 18.6 | 18.7 | 18.6 | 18.7 |
| 小学校  | 6     | 21.7 | 21.4 | 21.2 | 21.3 | 21.0 | 21.5 | 21.1 | 21.0 | 21.1 | 21.6 |
|      | 7     | 24.1 | 24.2 | 23.9 | 24.2 | 23.6 | 23.4 | 23.4 | 23.9 | 23.7 | 24.4 |
|      | 8     | 27.0 | 27.1 | 27.0 | 26.9 | 27.3 | 26.5 | 26.4 | 26.8 | 26.8 | 26.8 |
|      | 9     | 29.9 | 30.3 | 30.3 | 29.7 | 29.8 | 29.9 | 29.6 | 30.1 | 29.6 | 30.3 |
|      | 10    | 33.3 | 33.8 | 34.0 | 33.4 | 32.8 | 33.2 | 33.1 | 32.9 | 33.3 | 33.4 |
|      | 11    | 37.3 | 37.8 | 37.2 | 37.8 | 37.6 | 37.2 | 38.2 | 37.6 | 37.1 | 37.7 |
| 中学校  | 12    | 43.5 | 43.4 | 42.7 | 43.1 | 44.3 | 43.0 | 43.6 | 42.9 | 43.2 | 42.8 |
|      | 13    | 49.1 | 48.1 | 48.6 | 47.1 | 48.4 | 48.2 | 48.8 | 48.0 | 47.8 | 48.1 |
|      | 14    | 54.5 | 53.3 | 54.3 | 53.7 | 53.4 | 53.5 | 53.6 | 53.7 | 53.8 | 53.8 |
| 高等学校 | 15    | 58.7 | 60.0 | 59.1 | 59.1 | 58.0 | 58.5 | 58.0 | 59.0 | 59.4 | 58.0 |
|      | 16    | 60.9 | 60.3 | 60.4 | 60.9 | 60.3 | 60.6 | 61.8 | 61.0 | 60.5 | 60.3 |
|      | 17    | 63.5 | 62.1 | 62.2 | 62.9 | 64.1 | 62.9 | 62.9 | 62.0 | 63.1 | 62.8 |

表B2-2 年度別年齢別平均体重の推移（滋賀県・女子）

(単位:kg)

| 区分   | S30年度 | S40  | S47  | S52  | S57  | S62  | H4   | H9   | H14  | H19  |      |
|------|-------|------|------|------|------|------|------|------|------|------|------|
| 幼稚園  | 5歳    | 16.8 | 17.5 | 17.9 | 18.3 | 18.5 | 18.7 | 18.7 | 18.9 | 18.5 | 18.5 |
| 小学校  | 6     | 18.3 | 19.1 | 20.0 | 20.1 | 20.7 | 20.7 | 21.0 | 20.7 | 21.0 | 20.7 |
|      | 7     | 20.3 | 21.2 | 22.2 | 22.7 | 22.8 | 23.1 | 23.5 | 23.4 | 23.7 | 23.2 |
|      | 8     | 22.5 | 23.7 | 25.1 | 25.4 | 25.7 | 25.9 | 26.2 | 26.6 | 26.3 | 26.4 |
|      | 9     | 25.0 | 26.3 | 27.9 | 28.8 | 28.7 | 29.1 | 29.5 | 30.0 | 30.1 | 29.8 |
|      | 10    | 27.5 | 29.6 | 31.9 | 32.2 | 32.7 | 33.0 | 33.8 | 34.5 | 33.9 | 34.0 |
|      | 11    | 30.6 | 33.8 | 36.4 | 36.6 | 37.0 | 37.1 | 38.6 | 38.8 | 39.5 | 38.9 |
| 中学校  | 12    | 34.9 | 38.8 | 41.4 | 42.5 | 42.1 | 43.2 | 43.7 | 43.9 | 44.3 | 43.6 |
|      | 13    | 39.5 | 43.3 | 45.9 | 47.1 | 46.1 | 46.9 | 47.3 | 47.8 | 47.9 | 47.2 |
|      | 14    | 43.3 | 47.0 | 49.0 | 49.3 | 49.7 | 50.0 | 50.0 | 49.9 | 50.8 | 49.9 |
| 高等学校 | 15    | 46.1 | 49.8 | 51.6 | 51.5 | 52.0 | 52.9 | 52.8 | 52.3 | 52.0 | 52.3 |
|      | 16    | 48.0 | 51.6 | 52.8 | 52.6 | 52.8 | 53.2 | 53.5 | 53.9 | 53.2 | 54.0 |
|      | 17    | 49.2 | 52.5 | 53.4 | 52.9 | 52.7 | 53.0 | 54.2 | 53.6 | 53.5 | 53.7 |
| 区分   | H20年度 | H21  | H22  | H23  | H24  | H25  | H26  | H27  | H28  | H29  |      |
| 幼稚園  | 5歳    | 18.6 | 18.5 | 18.3 | 18.2 | 18.4 | 18.4 | 18.1 | 18.4 | 18.3 | 18.3 |
| 小学校  | 6     | 21.0 | 21.0 | 20.9 | 20.9 | 20.7 | 20.7 | 20.7 | 20.7 | 20.7 | 20.7 |
|      | 7     | 23.3 | 23.3 | 23.1 | 23.3 | 23.2 | 23.1 | 23.4 | 23.0 | 23.1 | 23.3 |
|      | 8     | 26.5 | 26.3 | 26.5 | 26.1 | 25.9 | 26.0 | 26.2 | 26.0 | 26.0 | 25.9 |
|      | 9     | 29.5 | 29.8 | 29.3 | 30.0 | 29.6 | 29.2 | 29.1 | 29.3 | 29.1 | 29.6 |
|      | 10    | 34.0 | 33.8 | 33.7 | 33.9 | 33.5 | 33.8 | 33.3 | 33.2 | 33.0 | 32.8 |
|      | 11    | 38.8 | 38.7 | 38.2 | 39.1 | 38.3 | 38.2 | 38.9 | 38.3 | 38.5 | 38.4 |
| 中学校  | 12    | 44.0 | 43.3 | 43.3 | 42.9 | 43.2 | 42.9 | 42.8 | 42.0 | 42.4 | 42.5 |
|      | 13    | 47.6 | 46.7 | 46.4 | 46.4 | 46.6 | 46.8 | 46.6 | 46.7 | 47.0 | 46.7 |
|      | 14    | 49.8 | 49.9 | 49.3 | 49.0 | 49.5 | 49.6 | 49.6 | 49.3 | 49.4 | 49.6 |
| 高等学校 | 15    | 51.8 | 52.2 | 50.9 | 51.0 | 52.2 | 51.2 | 51.7 | 51.4 | 51.8 | 51.7 |
|      | 16    | 52.9 | 52.9 | 52.3 | 52.3 | 52.2 | 51.6 | 52.7 | 52.1 | 53.0 | 52.5 |
|      | 17    | 53.3 | 54.1 | 52.7 | 52.7 | 53.2 | 52.5 | 52.6 | 53.1 | 53.3 | 53.1 |